

Miyo pimâtisiwin

Canada's First Fully Indigenized Art and Expressive Arts Therapy Diplomas

- ~ WALK OUR TALK
- ~ EMBRACE CULTURAL KNOWLEDGE
- ~ RECOGNIZE COLLECTIVE TRAUMA
- ~ RESTORE RELATIONALITY

Journey together

with qualified and experienced Indigenous art therapists, expressive arts healers, artists and Elders to integrate the arts into our healing practices and circles.

Learn to use art, story, language and ceremony to:

- Revitalize Indigenous knowledge and communities
- Honour our unique gifts as Indigenous peoples
- Sustain lifelong practice as helpers
- Protect and reconnect to mother earth
- Learn trauma-informed, strength-oriented perspectives
- Restore harmony with all our relations
- Increase access to local Indigenous therapists in all communities, large and small

ART THERAPY AND EXPRESSIVE ARTS THERAPY DIPLOMA COURSEWORK INCLUDES:

- Walking Our Talk: Self Care Studio Immersion I & II
- Space, Time and Materials: Exploring an Indigenous Art Therapy Practice
- Decolonizing Trauma through Expressive Arts
- Expressive Arts Studios I, II, & III
- Anishnaabe Worldview through Storytelling and Artmaking
- Cultural Immersion at kâniyâsihk Culture Camp
- Expressive Therapies Continuum: Assessment, Material Interaction and Cultural Safety
- Decolonizing Theory and Approaches in Art Therapy: Two-Eyed Seeing
- Indigenous Language (choice between Cree or Anishinaabemowin)
- Walking our Talk: Online Self Care Training Group
- ReAwakening Ancestral Resiliency through Eco-Arts
- Arts as Social Action
- Practicum Skills for Working with Indigenous Communities
- Building Community Relationships as an Art Therapist
- Deepening our Practice with Children and Families
- Empowering Women and Girls through Art Therapy
- nêhiyawewin, the land and life as art
- Material Culture as Knowledge Gathering and Keeping
- Movement as Ceremony; Cultivating Mino-Bimaadiziwin/miyo-pimâtisiwin through Creative Writing & Sewing; Spoken Word and Song; Digital Storytelling
- Mental Health, Addictions, Incarceration and Applications
- Trauma and Crisis Response
- Art Therapy Ethics: Two-Eyed Seeing
- Soul Entrepreneurship: Creating a Business
- Land Based Expressive Arts (Closing)
- Practicum Experience
- Supervision / EagleVision - combination of individual, dyadic, and group
- Thesis / re.Search Support
- Learning Support with a Tutor (20 hours available)

Learning to listen,
in colour.



Indigenized Expressive Arts Certificate

Restoring the Balance through the Healing Arts (220 hour program) Open to Elders, Educators, Social Workers, Artists, Social Activists, and Community Members.

Coursework includes

- Expressive Arts Studios I, II, & III
- Practicum Skills
- ReAwakening Ancestral Resiliency through Eco-Arts
- Movement as Ceremony
- Creative Writing & Sewing
- Indigenous Storytelling
- Sharing our Humanity through Spoken Word and Song
- Arts as Social Action
- Land-Based Expressive Arts (Closing)

Join Canada's first Dual Indigenized Art and Expressive Arts Therapy Diplomas! Contact info@wheatinstitute.com for details.

All programs include Indigenous Language and Land-Based Instruction

See our schedule online at wheatinstitute.com



Indigenous Art Therapists share the Power of Art Therapy



Dr. Fyre Jean Graveline, PhD, RSW, RCAT
Therapist, HeARTist, Educator, Writer,
Traditional Knowledge Keeper and
Community Activist



Linda Manitowabi, BEd, ATDip
Cultural and Ojibwe Language Teacher,
retired elementary school teacher



Megan Kanerahthena:wi Whyte, MA, ATPQ
Artist, Art Educator and Art Therapist from
the Kanien'kehá:ka First Nation



Jen Vivian, MA
Art Therapist, owner at Grounded Journey
Art Therapy



Jean Tait, ATDip
First Nations woman, utilizing traditional
foundation in Creative Arts/ Art Therapy
Private Practice through Art Can Heal



Dr. Kevin Lewis, ipkDoc
Interpreter fluent in all five Cree dialects,
active oskâpêwis, Assistant Professor at the
University of Saskatchewan, developed and
leads the Indigenous Language Certificate
program



Dr. Lana Whiskeyjack, PhD
Treaty interdisciplinary Artist and an Assistant
Professor at the University of Alberta



Email now

to register or book
a consultation.

Register for the fully
Indigenized Dual Diploma
leading to registration with
Canadian Art and Expressive Arts
Therapy Associations!
Registration open to May 31, 2022



WINNIPEG HOLISTIC
EXPRESSIVE ARTS
THERAPY INSTITUTE

info@wheatinstitute.com
wheatinstitute.com

CANADA'S FIRST FULLY
INDIGENIZED ART
AND EXPRESSIVE ARTS
THERAPY PROGRAMS
On the Prairies



Wheat

WINNIPEG HOLISTIC
EXPRESSIVE ARTS
THERAPY INSTITUTE

Join us

Summer
2022

Image Courtesy: Fyre Jean Graveline