



[www.wheatinstitute.com](http://www.wheatinstitute.com)  
info@wheatinstitute.com  
431-887-2787

Box 641  
St. Laurent, Manitoba  
R0C 2S0

---

## Harmonized and Rivers of Solidarity Diploma Program Application Form

Full Name: \_\_\_\_\_

Pronoun(s): \_\_\_\_\_

Program: (check or circle one)      **Art Therapy**                      **Expressive Arts Therapy**                      **Dual Diploma**

### General Application Materials

1. A written statement describing the following (maximum 1000 words):
  - a) Which program are you applying to and briefly explain why.
  - b) What is your current work situation?
  - c) What is your preferred arts modality (visual, dance, drama, writing, etc.). Please explain.
  - d) Briefly describe your experience and/or philosophy with regards to the arts as therapeutic.
  - e) Please describe your experience as a helper, healer, therapist, counsellor, or life coach.
  - f) What are your personal and professional intentions as a result of taking this program?

### Secondary Application Materials

1. Official transcripts mailed directly from the Universities to our office
2. Three letters of reference sent directly from referees to our office. References should not be from family members, and all letters need to be signed and include a return address.
  - 2 professional/educational references
  - 1 personal reference
3. Current Resume, CV, or summary of prior experience
4. A statement outlining prior personal therapy (i.e. approximately when it was, about how many hours, type of therapist - talk, art, etc.)
5. Documentation of previous experience in the arts. It is recommended your art portfolio include 10 pieces. This may include visual art, beadwork, Regalia making, drum making, personal arts practice such as a journal or poetry, photography, theatre script, videos, etc.
6. Criminal Record Check
7. Child Abuse Registry Check (*not applicable for all, only required in provinces that offer this check*)
8. \$225 CND Registration Fee (to be paid at time of application)

You have submitted your **web registration form** online at <https://www.wheatinstitute.com/register>



[www.wheatinstitute.com](http://www.wheatinstitute.com)  
[info@wheatinstitute.com](mailto:info@wheatinstitute.com)  
431-887-2787

Box 641  
St. Laurent, Manitoba  
R0C 2S0

---

## Building Healthy Community through Affinity Groups

As part of our efforts to work towards diversity and inclusion at every level, and to ensure that you are being met and welcomed into the programs and courses that most connect with your current and evolving identities and intersectionalities, we would like to offer an opportunity within your comfort of sharing how you identify. Please write in all identities / influences / challenges that you would like us to be aware of:

---

---

---

---

---

This information will be helpful in the development of our Affinity Groups\*. **Please include your top three preferences for an Affinity Group, and we will do our best to honour your request. These might include but are not limited race, gender, cultural background, sexual orientation, or disability.**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

*\* Affinity group spaces will be offered to support participants in intentional exploration and community building with others whose identities and positionalities most align/share resonance. Affinity groups allow a sacred and co-created space for connection, vulnerability, and examination of shared identities. This time together in smaller groups often helps members safely explore some of their shared experiences without fear of causing harm and impact when coming together in a larger community where diverse lived experiences, positions, and culture are present. We hope these groups will become places where elements of shared identity often masked from the overculture and within systems of systemic oppression can be expressed and resonated with. Groups will be led by a facilitator with peer support from amongst the WHEAT community. Arts-based explorations will be offered as well as other restorative and circle process tools designed to support ongoing safety and container building, individual integration, and collective connection.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Applications will be reviewed as they are received. An interview will be scheduled upon completion of the application process.



WINNIPEG HOLISTIC  
EXPRESSIVE ARTS  
THERAPY INSTITUTE

[www.wheatinstitute.com](http://www.wheatinstitute.com)  
[info@wheatinstitute.com](mailto:info@wheatinstitute.com)  
431-887-2787

Box 641  
St. Laurent, Manitoba  
R0C 2S0

---

***We prefer if all application materials are electronically submitted to [info@wheatinstitute.com](mailto:info@wheatinstitute.com)***

If needed, materials may also be mailed to:

WHEAT Institute  
Box 641  
St. Laurent, MB  
R0C 2S0

*Unfortunately, we are not able to return original application materials once they have been received by mail.*

We look forward to exploring the healing power and nuance of the therapeutic arts with you!